

## ***E.L.M.M.C.C. Standards For Youth Sports***

### **1. Proper Sports Environment**

Parents must consider and carefully choose the proper sports environment for their child, including the appropriate age and development for participation, the type of sport, the rules of the sport, the age range of the participants, and the proper level of physical and emotional stress.

### **2. Programs Based on the Well-Being of Children**

Parents must select youth sports programs that are developed and organized to enhance the emotional, physical, social and educational well-being of children.

### **3. Drug, Tobacco & Alcohol-Free Environment**

Parents must encourage a drug, tobacco and alcohol-free environment for their children.

### **5. Coaching Requirements**

The E.L.M.M.C.C. sports coaches are hard working **volunteers and are not required to be certified or have specific skill training. Our youth sports volunteers have demonstrated good character qualities such as integrity, fairness, compassion and a willingness to share their time and skills with the youth of Winchester and beyond.** Coaches have read the *E.L.M.M.C.C. Standards for Youth Sports* and signed the *Coach Code of Conduct*, promising to do their best to provide the best sports season possible for their team. Also, they have received a copy of the sports rules and guidelines.

### **6. Parent's Active Role**

Parents must make a serious effort to take an active role in the youth sports experience of their child providing positive support as a spectator, coach, league administrator and/or caring parent.

### **7. Positive Role Models**

Parents must provide positive role models, exhibiting sportsmanlike behavior at games, practices and home, while also giving positive reinforcement to their child and support to their child's coaches.

### **8. Parental Commitment**

Parents must recognize that youth sports are only a part of a child's life. However, parents must demonstrate their commitment to their child's youth sports experience by annually signing the Parent's Code of Ethics Pledge.

### **9. Safe Playing Situations**

Parents must insist on safe playing facilities, healthful playing situations, and proper first aid applications, should the need arise.

### **10. Equal Play Opportunity**

Parents, coaches, and league administrators must provide equal sports play opportunity for all youth regardless of race, creed, sex, economic status or ability.

### **11. Drug, Tobacco & Alcohol-Free Adults**

Parents must be drug, tobacco and alcohol-free at youth league sporting events.